

Belly
Bugs

Belly Bugs X Reboot the Future

REBOOT Education

CALENDAR

Academic Year
2026 - 2027

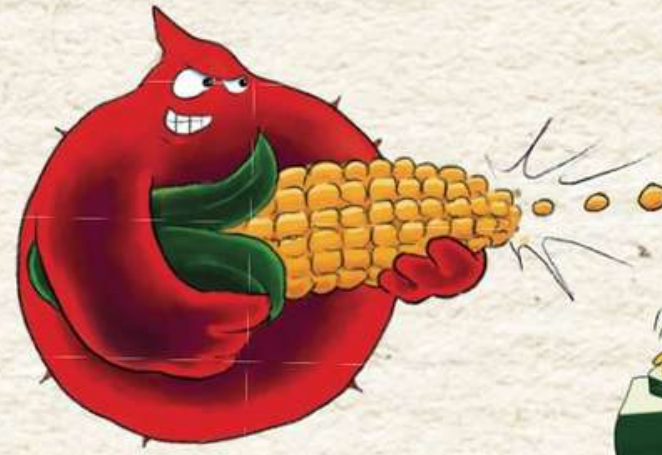




Happy Bug operates the Rainbowtron and keeps everyone smiling.



Flicky Bug is a martial arts expert. She also is a mathematics genius.



Bashy Bug makes Perfect Poo in the Underbelly and keeps the Baddies at bay.



Cooly Bug relaxes everyone by playing chilled-out tunes.



Chompy Bug is the handyman in Rumbledom. He also chomps up Baddies.



Goody Bug runs the Belly Deli. She is the most organised of the Belly Bugs.



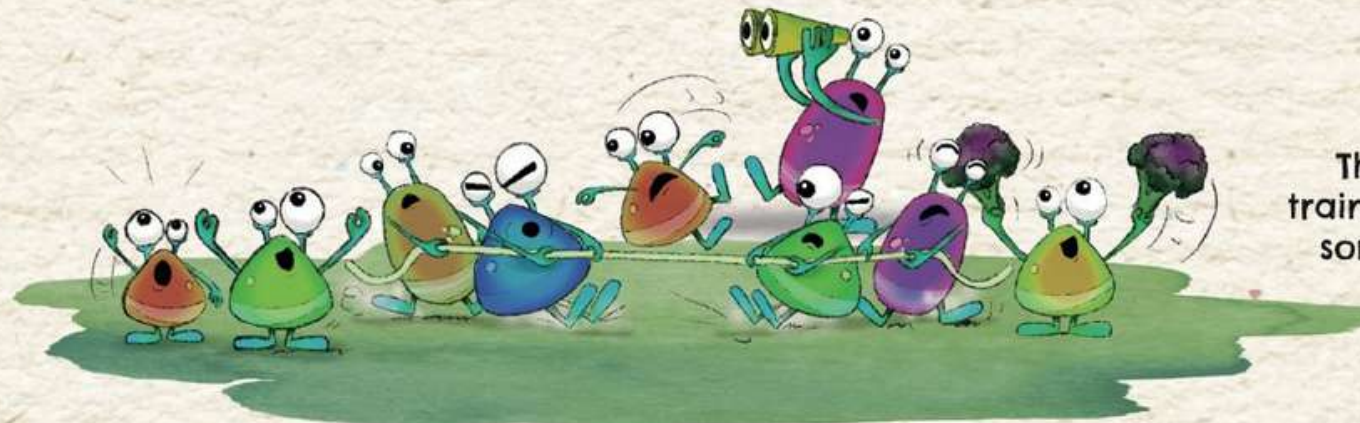
Chewy Bug chews up food and poos out fertiliser to keep the Magic Meadow green.



Borborygmus, or Borby for short, leads the gang. He is also the rumble in your tummy.



Geeky Bug is the gang's inventor. She creates all the tools that the Belly Bugs need to do their jobs.



The Buglets are the Belly Bugs' trainees. There are lots of them and sometimes they're a bit naughty.

WELCOME TO RUMBLEDOM



MUSHROOM
CONTROL

FOOD
PIPE

FARTILATOR

BELLY
DELI

GAS
STATION

FAB
LAB

BUGS
VILLAGE

SPARKLY
LAKE

GAMES
DEN

BROCCOLI
FOREST

BUGLET
SCHOOL

RAINBOWTRON

MAGIC
MEADOW

GEEKY'S
SHED

THE
UNDER
BELLY

POO
POT

WIND
TUNNEL

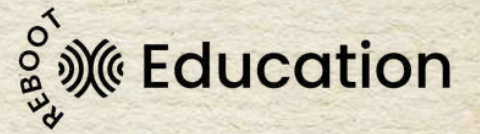
POO
PARLOUR

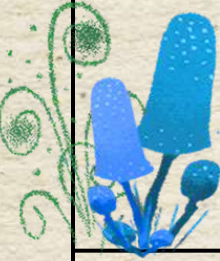
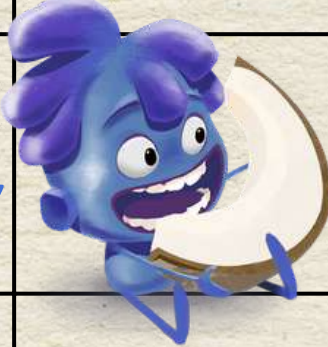
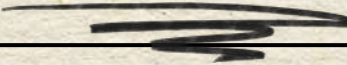
THRONE
ROOM

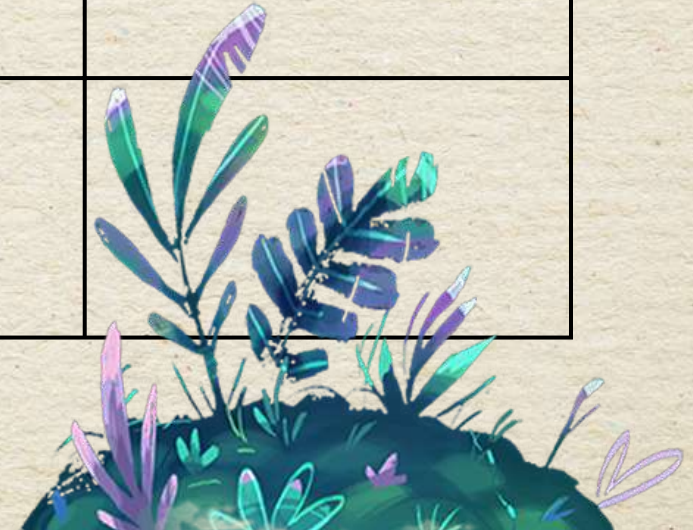
TO THE
BUM HOLE

SEPTEMBER

ORGANIC SEPTEMBER IS AN ANNUAL, MONTH-LONG CAMPAIGN RUN BY THE SOIL ASSOCIATION IN THE UK TO RAISE AWARENESS ABOUT THE BENEFITS OF ORGANIC FOOD, FARMING, AND SUSTAINABLE LIVING! WHEN YOU'RE IN THE SUPERMARKET, TRY TO SPOT AS MANY ORGANIC PRODUCTS AS YOU CAN!



SUN	MON	TUE	WED	THU	FRI	SAT
		1	2 World Coconut Day	3 	4	5
6 Read a Book Day! 	7	8	9	10	11	12
13	14	15	16	17	18	19
20 World Clean-up Day	21 International Day of Peace	22	23 Autumn Equinox	24 	25	26
27	28	29	30			



WORLD COCONUT DAY

2nd September

FUN FACT

Coconuts are actually a fruit, and not a nut, despite the name!

What other hairy fruits can you name?

COCONUT CHALLENGE:

Count how many circle-shaped items you can find in the room you're in!



READ A BOOK DAY

6th September

GEEKY BUG'S BOOK RECOMMENDATION

READING CHALLENGE

Find a new book, and read the first couple of pages out loud!



WORLD CLEAN-UP DAY

20th September

FUN FACT

Litter can harm animals when they eat it or become trapped in it, which is why keeping rubbish out of nature helps protect wildlife.

What is one piece of litter you could safely help pick up?

CLEAN-UP CHALLENGE:

Spend two minutes collecting and sorting safe classroom rubbish for recycling.



INTERNATIONAL DAY OF PEACE

21st September



FUN FACT

The dove has been used as a symbol of peace for thousands of years, partly because it is gentle and peaceful.

PEACE DOVE:

Decorate a paper dove with a word or picture showing peace

What does peace look like in our classroom?



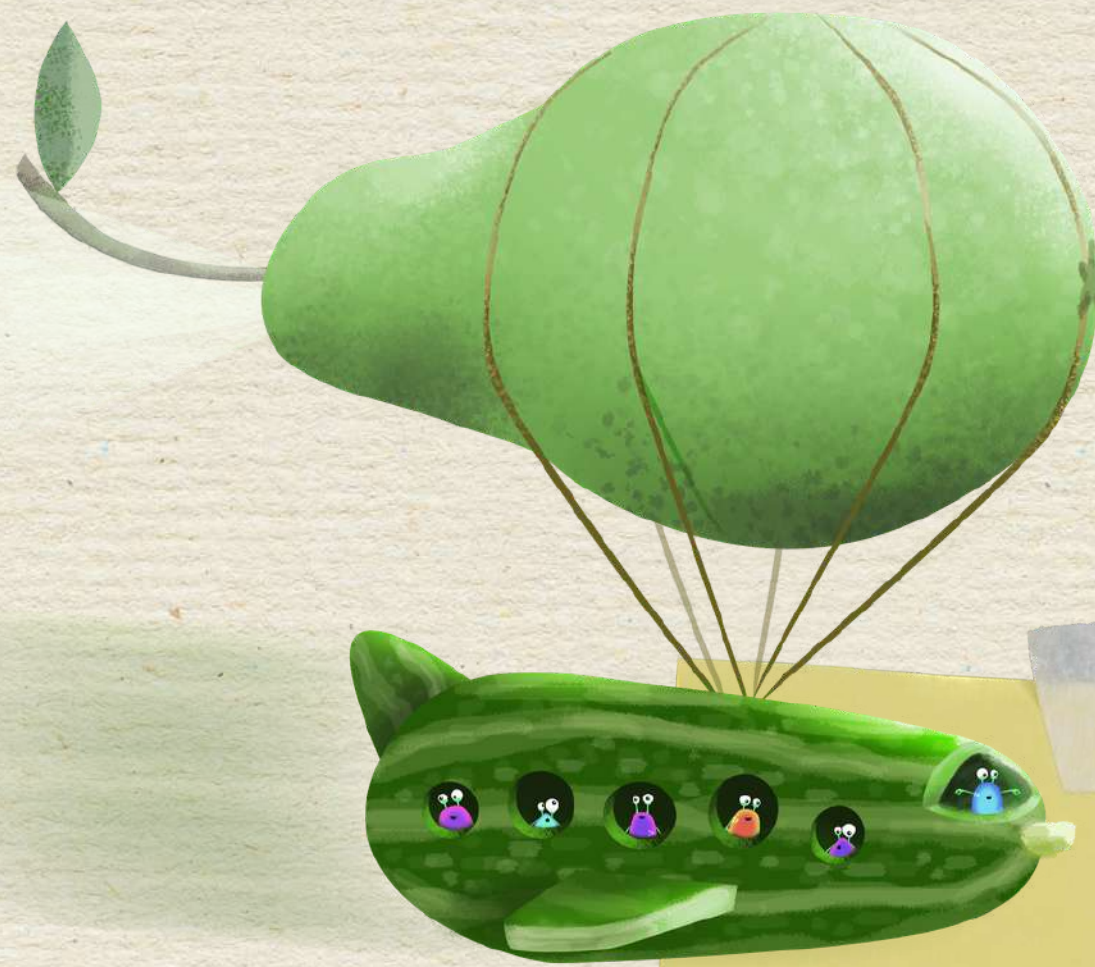
AUTUMN EQUINOX

23rd September

FUN FACT

Around the autumn equinox, day and night are nearly the same length. Many trees lose their leaves to save energy during the colder months.

What is something you are ready to let go of or leave behind?



LEAF OF CHANGE:

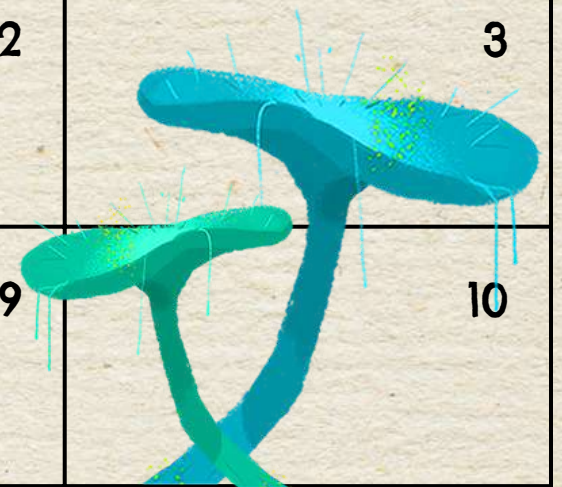
Draw one thing you have learned or changed this year.

OCTOBER

OCTOBER IS A GREAT MONTH FOR HEALTHY SEASONAL EATING, FEATURING NUTRIENT-RICH HARVEST VEGETABLES LIKE PUMPKINS, SQUASH, KALE, AND ROOT VEGGIES. TRANSITIONING YOUR DIET TO ALIGN WITH OCTOBER PRODUCE PROVIDES FRESH VITAMINS, BOOSTS IMMUNITY, AND SUPPORTS LOCAL SEASONAL PRODUCE.

SUN	MON	TUE	WED	THU	FRI	SAT
				World Vegetarian Day 1	2	3
4	World Teacher's Day! 5	6	7	8	9	10
11	12	13	14	15	World Food Day 16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

World Vegetarian Day



World Teacher's Day!



International Chef's Day

World Food Day

World Pasta Day



WORLD VEGETARIAN DAY

1st October

FUN FACT

A vegetarian is a person who does not eat meat, fish, or chicken. Instead, they eat foods like fruits, vegetables, grains, and nuts.

Do you know anybody who is a vegetarian?

VEGETABLE CHALLENGE:

Try a new fruit or vegetable you've never eaten before this week!



WORLD TEACHER'S DAY

5th October

FUN FACT

Around the world,
1,400,000,000 (1.4 billion!)
children are currently in
Primary Schools just like you!

How many children can you
count in your class?

TEACHER CHALLENGE:

Tell your friend,
carer or parent a
fact you have
learned today.



WORLD FOOD DAY

16th October

World Food Day is celebrated around the world to raise awareness about hunger and help create a future where everyone has access to enough safe, nutritious and diverse food.



COUNT YOUR
PLANTS:

How many
different plant
foods can you eat
today?

Can you reach 5...
10... or even more?

INTERNATIONAL CHEF'S DAY

20th October

Today celebrates chefs around the world and encourages them to inspire children to discover the joys of cooking, healthy eating and where their food comes from.



GOODY BUG'S CHALLENGE:

Can you create your own healthy dish using at least 3 different ingredients?

Give it a name and design a menu for your very own restaurant!

WORLD PASTA DAY

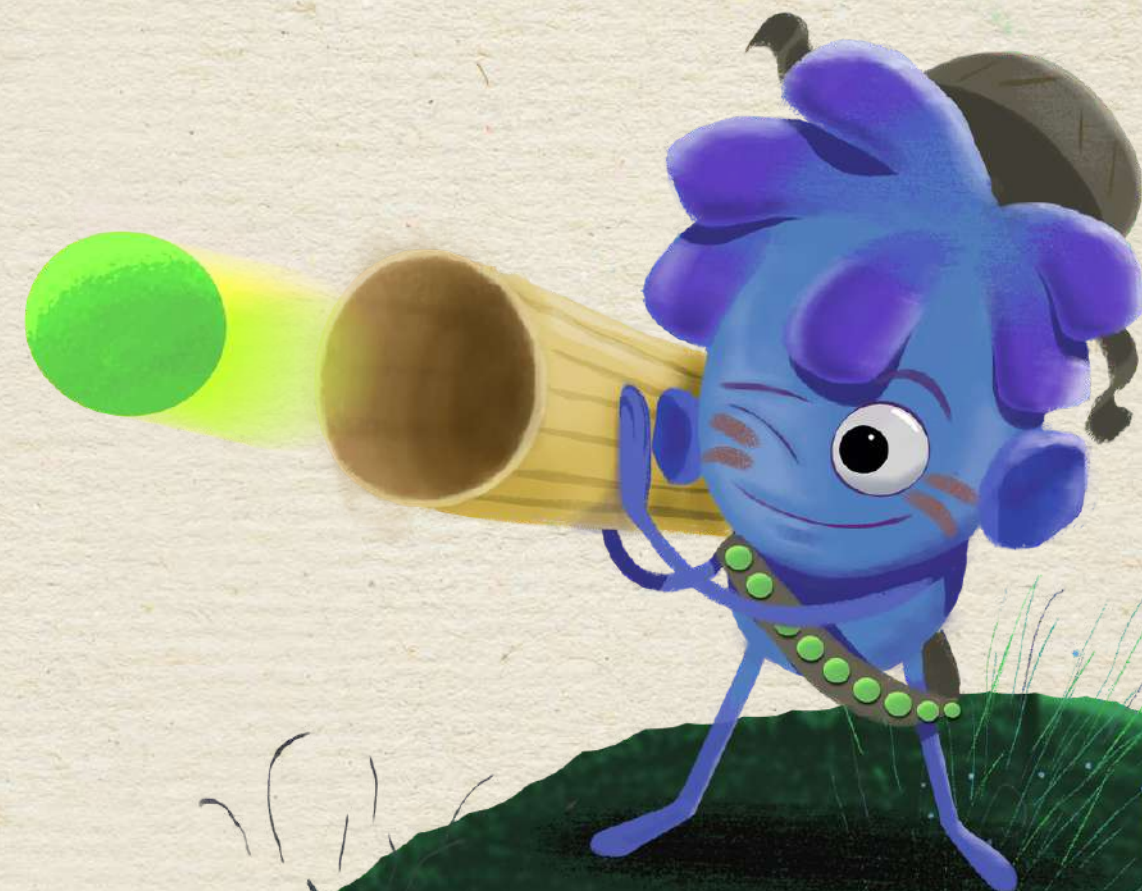
25th October

FUN FACT

Pasta is loved all around the world! In fact, more than 17 million tonnes of pasta were produced globally in 2025.

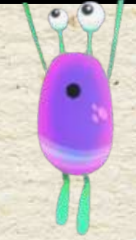
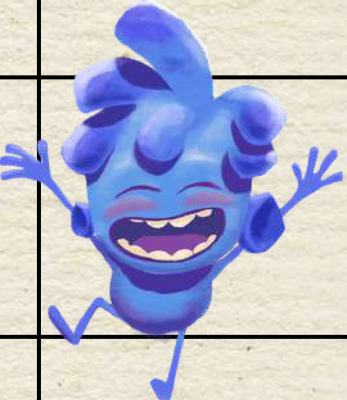
How many different pasta shapes can you name or describe?

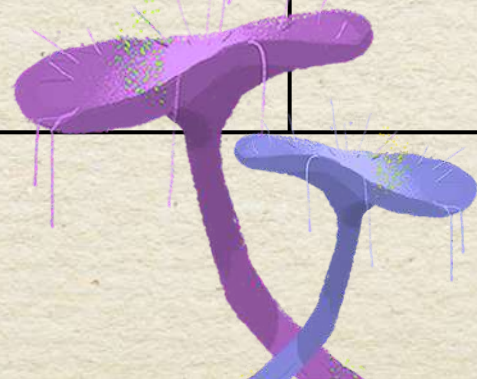
Borby uses his Pasta Blasta' to fire peas at Baddies who sneak into Rumbledom!



NOVEMBER

WORLD VEGAN MONTH IS A CHANCE TO EXPLORE PLANT-BASED FOODS AND LEARN MORE ABOUT HOW OUR FOOD CHOICES CAN AFFECT OUR BODIES, ANIMALS AND THE PLANET. WHEN YOU'RE CHOOSING A SNACK, CAN YOU FIND ONE MADE FROM A PLANT?

SUN	MON	TUE	WED	THU	FRI	SAT
1 World Vegan Day 	2	3	4	5	6 	7
8	9	10	11 Rainbow Pepper Day	12	13	14
15	16	17	18	19 World Toilet Day	20	21
22	23 Goody Bug's Day of Good Deeds 	24	25	26	27	28
29	30					



WORLD VEGAN DAY

1st November

How many plants
can you eat today?

World Vegan Day
celebrates plant-
based living, and
highlights the
environmental and
health benefits of
this type of diet!



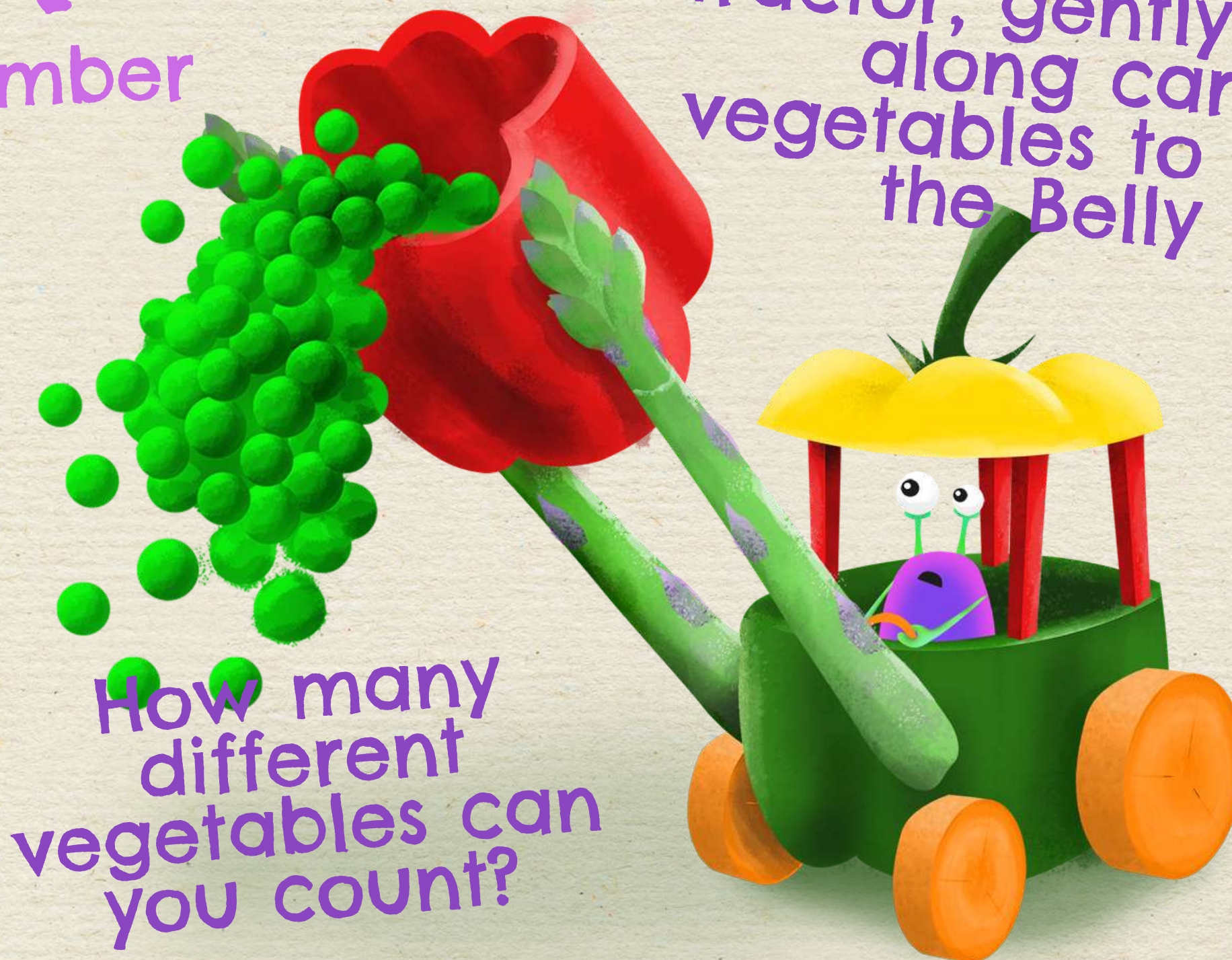
RAINBOW PEPPER DAY

11th November

FUN FACT

Peppers start out green and change to red as they ripen which means they get sweeter and packed with even more vitamins as they grow.

The Super Duper Pepper Scooper is a trusty tractor, gently trundling along carrying vegetables to and from the Belly Deli.



How many different vegetables can you count?

WORLD TOILET DAY

19th November

TOP 10 FIBRE-FEET FOOD

PORRIDGE
APPLES
POPCORN
CARROTS
BANANAS
WHOLE-GRAIN BREAD
BERRIES
WHOLE-GRAIN PASTA
PEARS
SWEET POTATOES



PERFECT POOS HAVE FIBRE FEET!

Fibre Feet make your poos scamper along to your bum like centipedes rather than move slowly like slimy slugs.

Fruit and vegetables are full of fibre.

GOODY BUG'S DAY OF GOOD DEEDS

23rd November

Goody Bug has marked today as her day of Good Deeds. A day where you should go the extra mile, and do something to help someone else or make them smile.

Can you think of something you can do to help someone today?

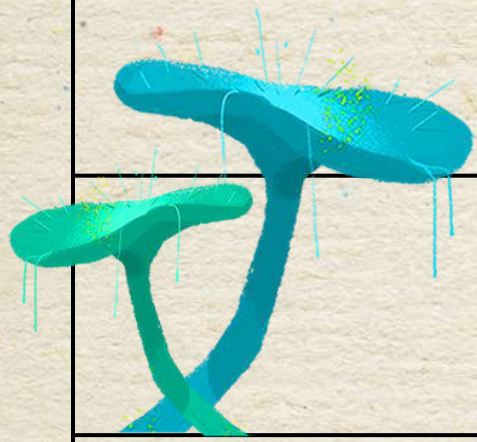
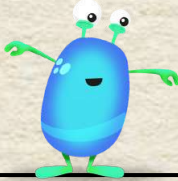
GOOD DEED IDEAS

- CLEAN SOMETHING
- HELP CARRY BAGS
- COMPLIMENT SOMEONE
- ASK SOMEONE HOW THEY ARE TODAY
- OPEN THE DOOR FOR SOMEONE



DECEMBER

WORLD SOIL DAY TAKES PLACE ON 5 DECEMBER AND REMINDS US JUST HOW IMPORTANT HEALTHY SOIL IS FOR GROWING THE FOOD WE EAT. SOIL IS FULL OF AMAZING MICROSCOPIC LIFE – JUST LIKE OUR GUTS!

SUN	MON	TUE	WED	THU	FRI	SAT
 6		1	2	3	4	World Soil Day ⁵ 
	Cooly's Banana Bonanza Day ⁷	 8	9	10	11	12
13	14	15	Stinky Sprout Day ¹⁶ 	17	18	19
 20	Winter Solstice ²¹	22	23	24	Christmas Day ²⁵	26
27	28	 29	30	31		

WORLD SOIL DAY

5th December

FUN FACT

About 95% of the food we eat comes from soil!

Healthy soil gives plants the water and nutrients they need to grow – so when we look after soil, we're also looking after our food.

SOIL DETECTIVE:

Next time you're outside, take a close look at some soil. Can you spot 3 different things living or growing in it?



COOLY BUG'S BANANA BONANZA DAY

7th December



Cooly Bug loves his banana hammock so much, it's one of his favourite fruits ever!

Eat a banana this week to give the Belly Bugs in your tummy a banana hammock to relax in!

CREATIVE CURVE:

Using the curved shape of a banana, what else can the Belly Bugs use a banana for?

A boomerang? A bridge?
Draw some ideas!

STINKY SPROUT DAY

16th December

WHY ARE SPROUTS SMELLY?

Sprouts contain a chemical called sulphur and, if you overcook them, the sulphur breaks down and releases a real PONG!

Skunks use sulphur in their stinky squirts.

Borby can fire Stinky Sprout Bombs at naughty Sugar Monsters who sneak into Rumbledom when we eat too many sweets!



WINTER SOLSTICE

21st December

FUN FACT!

The winter solstice is the shortest day and longest night. After this, the days slowly get longer again!

What is one hope or wish you have for the new year?

HOPE STAR:

Decorate a paper star with one hope or kind wish..



CHRISTMAS DAY!

25th December



Merry
Christmas
from the
Belly Bugs!

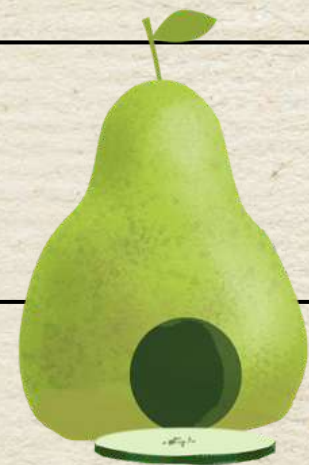
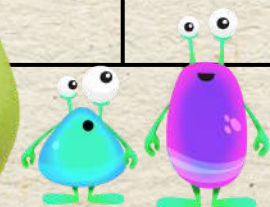


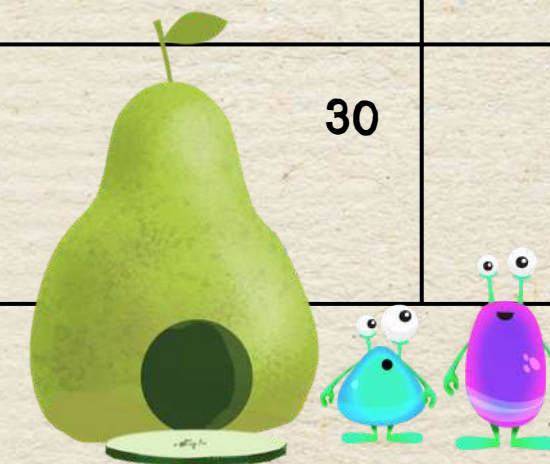
XMAS DINNER
VEG:

Make sure to
fill your plate
up with loads
of veg this
Christmas!

JANUARY

VEGANUARY IS AN ANNUAL CAMPAIGN ENCOURAGING PEOPLE TO TRY EATING VEGAN FOR THE MONTH OF JANUARY! IT'S A GREAT OPPORTUNITY TO DISCOVER NEW PLANT FOODS AND GIVE YOUR BELLY BUGS LOTS OF DIFFERENT TYPES OF FIBRE. WHEN YOU'RE CHOOSING A MEAL OR SNACK, CAN YOU ADD A PLANT-POWERED INGREDIENT?

MON	TUE	WED	THUR	FRI	SAT	SUN
				1	2	3
4	5	6 National Bean Day 	7	8	9 	10
11	12	13	14	15 	16	17
18 Happy Bug's Happy Day	19	20	21	22	23	24
25	26 International Day of Clean Energy	27	28 International Day of Peaceful Coexistence	29	30 	31 



NATIONAL BEAN DAY

6th January

FUN FACT

Beans contain lots of fibre that our bodies don't fully digest, so some of them travel all the way through your tummy to Rumbledom, where our Belly Bugs use them to power their vehicles with gas!

BEAN BUSTER:

How many different types of beans can you name?



HAPPY BUG'S HAPPY DAY!

18th January

FUN FACT

Usually this day is Blue Monday, the saddest day of the year... but Happy Bug is here to change that and has officially named it Happy Bug's Happy Day!

What is something you can do today to make some else smile?



INTERNATIONAL DAY OF CLEAN ENERGY

26th January

FUN FACT

The Sun gives Earth more energy in one hour than people use in a whole year!

If you could power one thing using sunlight, what would it be?

ENERGY DETECTIVES:

Look around the classroom and find things that use energy. Which ones could be switched off?

INTERNATIONAL DAY OF PEACEFUL COEXISTENCE

28th January

FUN FACT

Clownfish and sea anemones help each other: the anemone protects the fish, while the fish helps bring it food!

What is one way we can be kind to someone who is different from us?

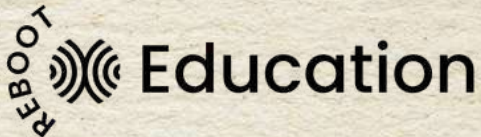
HELPING
HANDS:

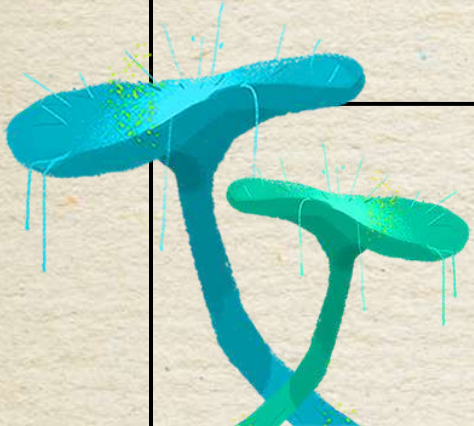
Draw or act
out one way
you can help
a friend!



FEBRUARY

“FAIR-BRUARY” IS A TIME TO LEARN ABOUT FAIRTRADE AND HOW CHOOSING FAIRTRADE PRODUCTS SUPPORTS FARMERS AND WORKERS AROUND THE WORLD. WHEN YOU’RE SHOPPING, CAN YOU SPOT THE FAIRTRADE LOGO ON FOODS LIKE BANANAS, CHOCOLATE OR COFFEE?



MON	TUE	WED	THU	FRI	SAT	SUN
1	2 World Wetlands Day	3	4	5	6 	7
8 	9	10	11 National Inventor's Day	12	13	14
15	16	17 International Cabbage Day	18	19 International Tug-of-War Day	20	21
22	23 	24	25	26  	27	28 



WORLD WETLANDS DAY

2nd February

FUN FACT

Wetlands are homes for frogs, ducks, fish, and many other animals. They also help clean water and prevent floods!

Name as many animals as you can that live in or next to lakes and ponds.

BUILD A
WETLAND:

Draw a
wetland and
add animals,
plants, water,
and mud.



NATIONAL INVENTOR'S DAY

11th February

Marked by Thomas Edison's birthday, today is the day to celebrate inventors, like Geeky Bug!

Did you know Thomas Edison invented the lightbulb? So we can see what we're doing when it's dark.

LET THERE BE
LIGHT:

How many
lightbulbs
can you
count in your
classroom?



INTERNATIONAL CABBAGE DAY

17th February

DUAL CABBAGE-WAY

Cabbage veins are like motorways delivering water, food, and nutrients to every part of the leaf. Veins help the cabbage leaf get stronger after being damaged, like a team of tiny repair workers, keeping the cabbage growing.



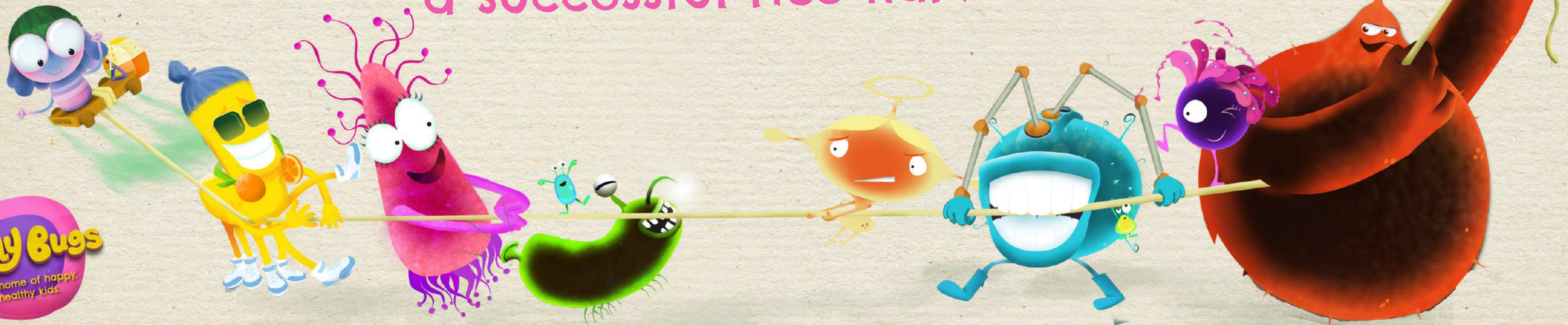
INTERNATIONAL TUG-OF-WAR DAY

19th February

FUN FACT

The world's biggest tug-of-war contest takes place each year in Okinawa, Japan. Towns hold contests using huge ropes to encourage a successful rice harvest.

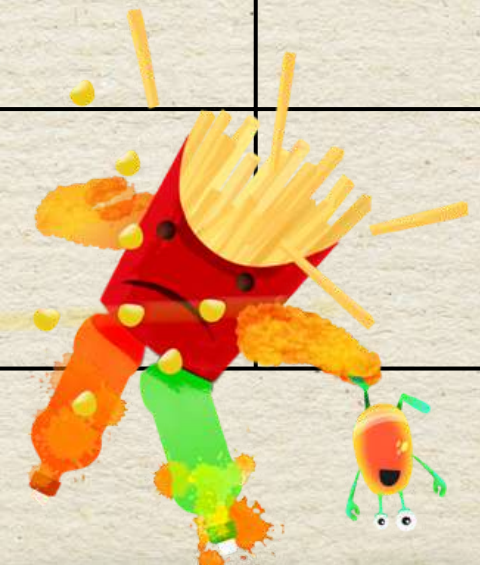
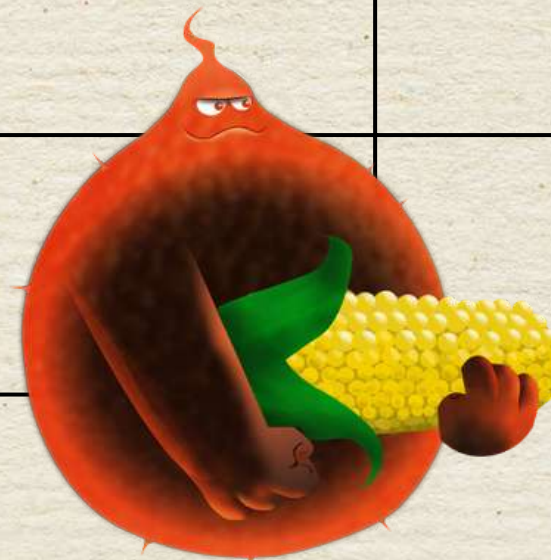
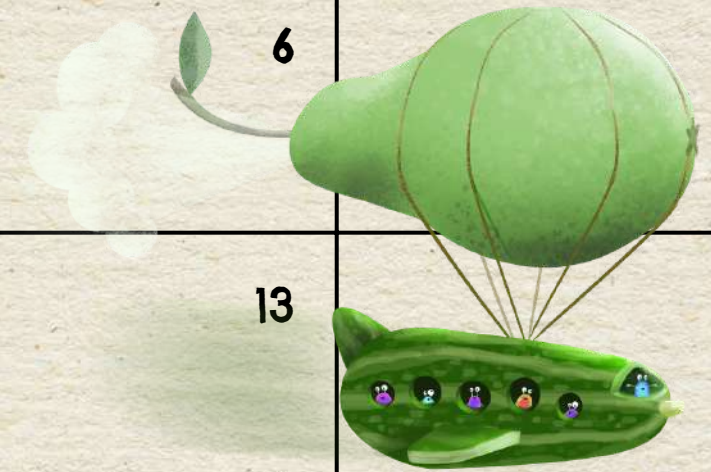
Who do you
think is the
strongest
Belly Bug?



MARCH

BRITISH SCIENCE WEEK IS A CELEBRATION OF SCIENCE, TECHNOLOGY, ENGINEERING AND MATHS! IT'S GEEKY BUG'S FAVOURITE WEEK! GET CURIOUS ABOUT WHAT HAPPENS INSIDE OUR BODIES - WHEN YOU EAT, CAN YOU THINK LIKE A SCIENTIST AND ASK: "WHAT WILL MY BELLY BUGS DO WITH THIS?"

M O N	T U E	W E D	T H U	F R I	S A T	S U N
World Seagrass Day 1	2	World Wildlife Day 3	4	5	6	7
8	British Science Week 9	10	11	12	13	14
15	16	17	18	19	20	21
World Broccoli Day 22	23	24	25	26	27	28
29	30	31				



WORLD SEAGRASS DAY

1st March

FUN FACT

Seagrass is a flowering plant that grows underwater, and its long leaves provide shelter for young fish and seahorses.

What do you think would happen if sea animals lost their underwater homes?

SEAGRASS
HIDE-AND-
SEEK:

Talk about
how plants
can provide
shelter.



WORLD WILDLIFE DAY

3rd March

FUN FACT

Bees help many plants make seeds by carrying pollen from one flower to another.

If you could protect one animal, which would you choose and why?

ANIMAL SUPERPOWER:

Choose an animal and draw its special "superpower" that helps nature.



BRITISH SCIENCE WEEK

5th-14th March

This nationwide celebration is designed to spark your curiosity in science, technology, engineering, and maths (STEM).

GEEKY'S
ENGINEERING
EXERCISE:

Draw a vehicle,
made out of
only fruit and
vegetables!



SPRING EQUINOX

20th March

FUN FACT

On the spring equinox, day and night are almost the same length! It is like the Earth takes a moment to find balance.

What is something new you would like to grow or learn this spring?

PLANT A SEED:

Draw a picture of something you would like to grow.



BROCCOLI FOREST DAY

22th March

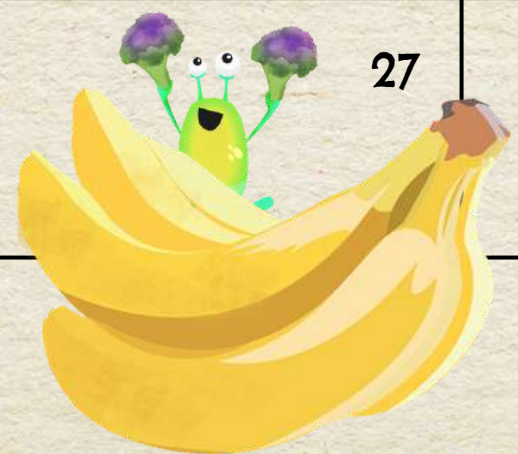
If you look closely at a broccoli floret, it's like a little tree made from littler trees that are made from even littler ones.

Flicky Bug says broccoli is a magical forest, packed with superpowers to help her run faster, jump higher and think better.



APRIL

APRIL IS EARTH MONTH - A TIME TO THINK ABOUT OUR AMAZING PLANET AND THE THINGS WE CAN DO TO LOOK AFTER IT. EATING A VARIETY OF PLANTS, REDUCING FOOD WASTE AND CHOOSING SEASONAL FOODS ARE ALL WAYS WE CAN HELP. MAKE SURE YOU RECYCLE AS MUCH AS POSSIBLE THIS MONTH!

MON	TUE	WED	THU	FRI	SAT	SUN
			1	2	3 	4 International Carrot Day
5 	6	7 World Health Day	8	9	10	11
12	13	14	15 International Wellness Day	16	17	18
19	20	21	22	23 	24 International Corn Day	25
26	27 	28	29	30		

INTERNATIONAL CARROT DAY

4th April

FUN FACT

Carrots are packed with a special vitamin called beta-carotene that helps us see in the dark.



CHEWY BUG HELPS US DIGEST
THE FIBRE IN CARROTS AND
POOS OUT FERTILISER TO HELP
OUR GUT GARDEN GROW.

WORLD HEALTH DAY

7th April

FUN FACT

Eating lots of different fruit and vegetables gives your body lots of different nutrients and gives your Belly Bugs plenty of fibre to munch on!

EAT THE
RAINBOW:

Can you eat fruit
or vegetables in
5 different
colours today?



INTERNATIONAL WELNESS DAY

15th April

FUN FACT

Wellness means looking after your whole self – your body, mind and feelings.

Things like getting enough sleep, eating healthily, moving your body, spending time in nature and doing hobbies can all help you feel good.



TAKE A MINUTE:

Close your eyes for 1 minute, and imagine you're sitting in a sunny, quiet forest listening to the birds.

CRAZY CORN DAY

24th June

DID YOU KNOW?

Popcorn is made from sweetcorn and is one of the healthiest snacks you can eat. It's full of fibre so what are you waiting for? Get popping!

COOLY BUG'S CORN-IVAL DRUMS!

Cooly gets the Belly Bugs dancing with his 'corn-ival' drums and apple drumsticks.

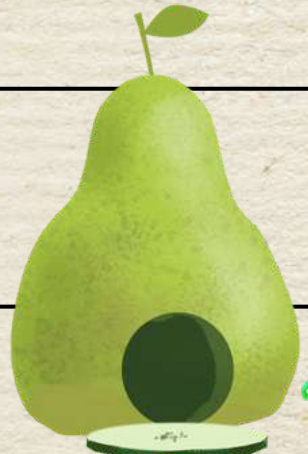
Music is the perfect way to switch off and relax.

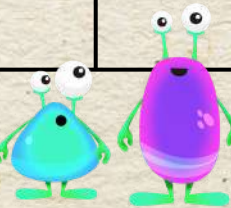
Can you make a tune from tapping your hands on a table?



MAY

NATIONAL WALKING MONTH ENCOURAGES PEOPLE TO GET MOVING AND DISCOVER THE BENEFITS OF WALKING. MOVEMENT IS GOOD FOR OUR WHOLE BODY! WHEN YOU GO SOMEWHERE THIS MONTH, COULD YOU WALK INSTEAD OF TAKING THE CAR?

MON	TUE	WED	THU	FRI	SAT	SUN
					1	2
3	4	5	6	7	 8	9
10	11	International Day of Plant Health12		13	14	15
17	18	19	 20	Flicky Bug's Fitness Friday21		22
 24	25	26	27	28	29	30
31						International Potato Day



INTERNATIONAL DAY OF PLANT HEALTH

12th May

FUN FACT

Plants can get sick too! Clean water, healthy soil, sunlight, and protection from insects can help them stay healthy. Healthy plants help provide much of the food we eat.

How do you care for your plants?



PLANT DOCTOR:
Find pictures of healthy and unhealthy plants and identify what each plant might need.

INTERNATIONAL DAY OF LIVING IN PEACE TOGETHER

16th May

FUN FACT

Ants live in large groups and work together, with different ants helping to find food, care for young ants, or protect their home.

What could you do to help everyone in your classroom feel included?

OUR CLASSROOM GARDEN:

Decorate a cut-out paper flower with something special about themselves. Put all the flowers together to create one garden.



FLICKY BUG'S FITNESS FRIDAY

21st May

Today is the day Flicky Bug gets everyone in Rumbledom off their feet and exercising to keep fit, happy and healthy!

What do you do to keep fit?



**STAR JUMP
CHALLENGE:**

Do Star Jumps
for 1 whole
minute! Can you
set a class
record?

INTERNATIONAL POTATO DAY

30th May

When cooked potatoes are cooled, some of their starch changes into resistant starch, which can travel further through your tummy and provide food for helpful Belly Bugs deep in your tum!

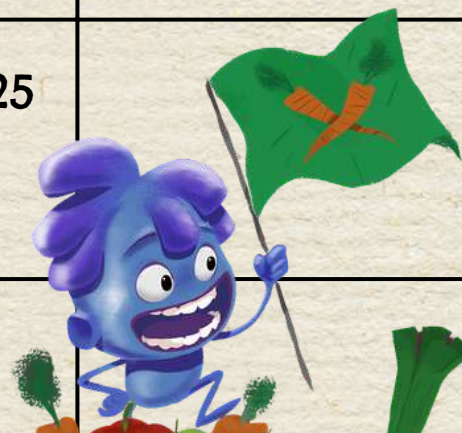


CHOMPY BUG'S
'NAME THE
POTATO'
CHALLENGE:

How many
different food
forms of potato
can you name?

JUNE

WORLD ENVIRONMENT DAY IS IN JUNE - A GLOBAL DAY FOR TAKING ACTION TO PROTECT OUR PLANET. FROM GROWING FOOD TO REDUCING WASTE, LITTLE CHANGES CAN MAKE A BIG DIFFERENCE. WHEN YOU NEXT PICK UP SOME FOOD OR GO TO A SHOP, MAKE SURE YOU LOOK OUT FOR RECYCLABLE PACKAGING.

MON	TUE	WED	THU	FRI	SAT	SUN
	1	2	3	4 	5 World Environment Day	6
7	8 World Oceans Day	9	10	11	12	13
14 International Cucumber Day	15 	16	17	18	19	20
21	22	23	24	25	26 	27 World Microbiome Day!
28	29	30				



WORLD ENVIRONMENT DAY

5th June

FUN FACT!

Everything we eat comes from somewhere in nature, from the soil that grows our vegetables to the rain that helps plants grow. Looking after our environment helps protect the plants, animals and ecosystems that provide our food.



WORLD OCEANS DAY

8th June

FUN FACT!

The ocean covers more than 70% of our planet and produces at least half of the oxygen we breathe! It also provides food for billions of people around the world.

Can you think of 3 things we can do to help keep our oceans clean and healthy?



INTERNATIONAL CUCUMBER DAY

14th June

FUN FACT!

Scientists classify cucumbers as berries because they have a fleshy pulp and contain seeds. They've made a special category for them called 'pepo berries'. Watermelons and pumpkins are also pepo berries.



Cooly Bug keeps everyone chilled out in Rumbledom by playing cool music on his cucumber decks.

27th June

We all have trillions of Belly Bugs and Buglets living inside us. They are so small, we can only see them with a powerful microscope.

Goody Bug stores all the food that we and our Belly Bugs need in the Belly Deli.

Can you name all the different foods that the building is made from?

Scientists call it
'microbiome'.
Belly Bugs call it
Rumbledom. Our
Belly Bugs look
after everything
that goes inside us
from up high in
Mushroom Control.

